



ANNUAL EVALUATION REPORT JANUARY TO DECEMBER 2021



PREPARED FOR Police Athletic League of Buffalo

By: Shontay Barnes & Amy Puca

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Executive Summary

The Police Athletic League of Buffalo (Buffalo PAL) has been in operation since the 1950s providing Buffalo youth with enriching, recreational program activities designed to promote their development into successful adults. In partnership with Via Evaluation (VIA) since 2018, Buffalo PAL has increased their evaluation capacity to develop data collection procedures, created a program logic model, and prepared to initiate external evaluation.

In this first year of Wilson Foundation funding, Buffalo PAL and VIA staff have worked collaboratively to further streamline data collection processes, resulting in the collection of preliminary data to begin external evaluation. Data collection processes were updated to ensure ease of registration for families as well as backend data management for program operations. One of the major shifts in data analysis in 2021 related to differentiating individual clients for demographic reports from program touchpoints for calculating activity-level participation.

The goals of the Buffalo PAL program are:

- Youth learn life skills (e.g., teamwork, goal setting, self-discipline, leadership, and conflict resolution).
- Youth lead active, healthy lifestyles where they regularly participate in physical activity.
- Youth develop positive relationships with adults (including law enforcement) and their peers.
- Youth begin to develop career readiness (e.g., job skills, build networks, and gain certifications).



Highlights in 2021

There were many program successes in Buffalo PAL in 2021, which are reflected in the survey responses received from youth and families at various points throughout the year.



"I loved the many opportunities offered."

Buffalo PAL offered approximately 35 programs in 2021, ranging from sports leagues to cooking classes to giveaway events. Through offering activities geared towards both youth and their families, staff were able to engage with the community in a variety of ways.



"[I like that] we got to participate in multiple sports..."

There were 2,123 participants who provided demographic data during registration. Across the variety of programs offered, there were 28,397 program touchpoints in 2021. These encompass youth participants at activities and their families who also choose to engage with the program (at community center activities). Many of those who attend at least one program were likely to attend multiple activities throughout the year.



"Overall, I really like and appreciate the programs."

Among the 151 family and 62 youth survey respondents, most were satisfied with Buffalo PAL programs. Due to the small sample size, results may not be representative of the true impact of Buffalo PAL. However, the high participation and preliminary survey results appear to show that communities enjoy the program offerings.



"[I like] the ease of applying."

Through continued work on registration updates over the course of the year, Buffalo PAL staff were able to determine that their data management practices work best when programs are consolidated into distinct online registration per activity. This allowed program staff to monitor their registration numbers by activity and open or close registrations when they reach capacity. Additionally, use of an electronic attendance database ensured that Buffalo PAL staff and VIA were able to confirm program touchpoints using shared data files.



"[The young man at check-in] remembered my family from other programs...and that helped my son feel at ease."

Buffalo PAL administrative staff were able to streamline their attendance tracking through the creation of rosters that allow site staff to print attendance sheets and then provide the completed documents to administrators at the end of each quarter. This added ease of tracking allowed site staff to focus more on positively engaging with families at events.



Opportunities for 2022

Throughout the year, many updates occurred to further refine the data management procedures of Buffalo PAL. In light of the lessons learned, there are several opportunities to continue improving the evaluation capacity of the program.



Incorporate additional data sources that relate to Buffalo PAL goals.

Buffalo PAL staff track other data points that are not currently reported to the board on a regular basis, including family engagement and Buffalo police attendance. These directly relate to goals of Buffalo PAL and thus will be included in future reporting.



Use shared electronic attendance sheets with program site staff.

To further streamline the attendance tracking process, Buffalo PAL administrative staff began developing electronic attendance files similar to their attendance database that has pre-established shared access between site staff and administrators. Due to the establishment of this new system, Buffalo PAL and VIA have plans to refine the program touchpoint calculation using these existing attendance files.



Continue refining online registration forms in SurveyMonkey.

During the trial period of creating and testing registration processes, many duplicates were created in SurveyMonkey. Staff should consider dedicating time to consolidating the existing data into only one active program registration "survey" per activity.



Introduction

The Police Athletic League of Buffalo (Buffalo PAL) has been in operation since the 1950s providing City of Buffalo youth with enriching, recreational program activities that promote their development into successful adults. The goals of the Buffalo PAL program are:

- Youth learn life skills (e.g., teamwork, goal setting, self-discipline, leadership, and conflict resolution).
- Youth lead active, healthy lifestyles where they regularly participate in physical activity.
- Youth develop positive relationships with adults (including law enforcement) and their peers.
- Youth begin to develop career readiness (e.g., job skills, build networks, and gain certifications).

To achieve these goals, Buffalo PAL offers a variety of enrichment, physical activity, and academic programs throughout the year. Buffalo PAL partners with community centers and schools to offer programming at convenient locations for participants in the greater Buffalo area. They also host events in local neighborhoods for opportunities to provide bike helmets and play equipment to children and families in the area. There were also drive-up giveaway events for families to receive free car seats. Some examples of the approximately 35 activities include:

- Virtual Cooking Class
- Basketball and Baseball Sports Leagues
- Learn to Swim and Lifeguard Certification
- STAR Program (partnership with Literacy Buffalo Niagara)
- Bike Helmets Safety Program
- Car Seat Events

This report presents information from the 2021 program year about the evaluation approach and methods, findings, and conclusions and recommendations. Preliminary data from the various events are reported, although results will not be comparable to other years due to the updates in data collection over the course of the year.



Evaluation Approach & Methodology

Since 2018, Buffalo PAL has engaged Via Evaluation (VIA), an evaluation and research firm located in downtown Buffalo, to review current situations and systems, create an organization-wide program logic model, provide aligned recommendations, and enhance current measurement systems with a comprehensive evaluation capacity building (ECB) project. The ECB project helped Buffalo PAL more efficiently and effectively gather, enter, analyze, and report program data for quality improvement and funder accountability purposes. The ECB project aimed to foster Buffalo PAL's sustainability by building internal systems and capacity rather than just providing external evaluation services. Now that streamlined internal systems are in place and Buffalo PAL staff have increased data management capacity, they expanded to external program evaluation to begin to understand the impact of Buffalo PAL.

At the beginning of 2021, Buffalo PAL and VIA staff met to discuss the evaluation, data collection, and reporting plans for the upcoming year. VIA has over 20 years of experience providing evaluation services to clients and takes a Utilization-Focused Evaluation approach to evaluation. This approach emphasizes the involvement of program partners in the program development and evaluation process to enhance the usefulness of evaluation. The assigned evaluator for this program, Shontay Barnes, M.A., had primary responsibility for the evaluation, and was supported by Senior Evaluation Project Manager & Team Leader, Amy Puca, M.S., M.A., and Research Assistant Taylor Romanyk-O'Brien, B.A.

The data collection tools used in 2021 included:

- an online family registration form for participants and their family members,
- an online database for tracking activity-level attendance, and
- online participant and family feedback surveys.

Most data collection tools are hosted on Buffalo PAL's SurveyMonkey account, one of the tools collaboratively incorporated during the ECB project. Previously, Buffalo PAL staff distributed paper forms to participants and then entered the registration data into an Excel spreadsheet. The feedback surveys are currently hosted on VIA's SurveyMonkey account with the intention of transferring to Buffalo PAL upon completion of the project.

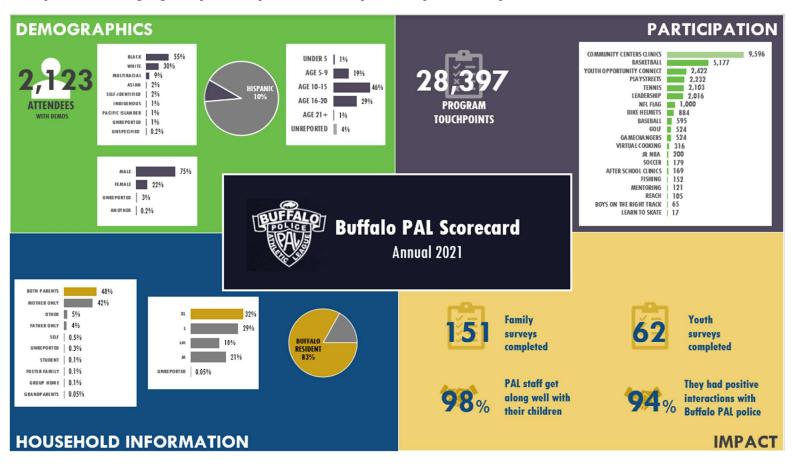
For the majority of 2021, VIA created activity registration forms on Buffalo PAL's SurveyMonkey account upon request. Due to the ongoing nature of Buffalo PAL program registration, VIA created templates and provided training in early winter to Buffalo PAL staff on independently adding additional activity registration forms to their SurveyMonkey account.

Data were updated at regular intervals by Buffalo PAL staff and then analyzed on a quarterly basis by VIA. To provide ample timing for Buffalo PAL data collection, VIA reported on data from the previous quarter at Board of Directors meetings in March, June, September, and December of 2021.



Findings

This section includes program implementation and preliminary outcome information for Buffalo PAL programs in 2021, including participant demographics, program touchpoints, and survey feedback. There were approximately 35 different programs offered in 2021, at multiple locations including community centers and parks. A number of programs were offered as multi-day events such as Baseball, Basketball, and Soccer. There were also day-of events, such as the Bike Helmets Safety Program and PlaySTREETS, where participants registered and participated on the same day. On a quarterly basis, VIA created "scorecards" similar to the example below to highlight important updates from the previous quarter to report to the Buffalo PAL Board of Directors:



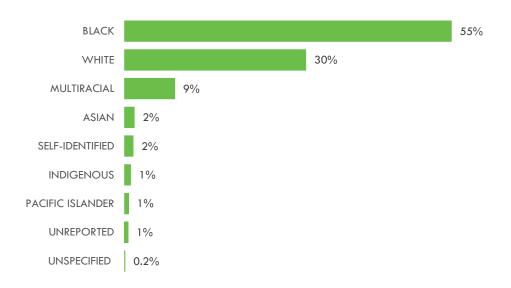


Participant Demographic Information

Buffalo PAL collects client characteristic forms from all program participants as part of the registration process. The forms include contact information for guardians, household information, youth demographics, and youth school information. A copy of the most recent Client Characteristic Form is included in Appendix A: Client Characteristics Form. Initially, demographics were reported separately for each activity, thus duplicating client characteristics based on the number of attendances. To better capture the range of participants reached through these programs, demographics are now reported by individual instead of by activity.

Preliminary demographics data for 2021 are reported below. Due to the registration process for day-of events, there were several participants who did not provide demographic information at Bike Helmets, PlaySTREETS, and Car Seat events. Demographic data are included for 2,123 participants between January – December 2021. There were another 117 participants who provided their name, but no demographic data were captured for them during registration.

Figure 1: Racial Identity, 2021



Most participants identified as Black or African American, excluding those who identified as Multiracial and selected Black among their other racial identities (Figure 1). Self-identified races include African, Arabic, Middle Eastern, Puerto Rican, and Somali. There were a few participants (less than 1%) who selected to self-identify their race but did not provide a name for their identity. Further, some self-identified their race as Hispanic in addition to their ethnicity. About 10% of participants identified their ethnicity as Hispanic (Figure 2 on the next page).

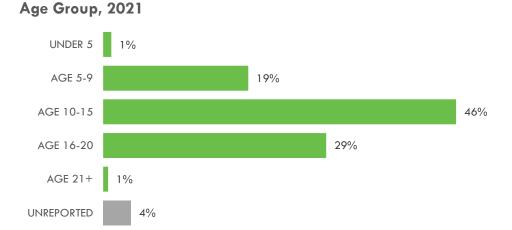


Survey responses indicated that there was a "great mix of all cultures" in the Buffalo PAL program.



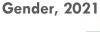
Although most activities were designed for youth participation, Buffalo PAL served a range of ages from under 5 years old to ages 21+. The largest group of participants were between ages 10-15 (Figure 3).

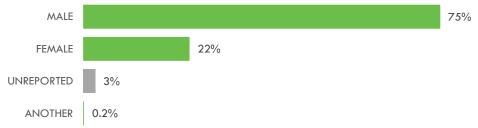
Figure 3:



Most program participants identified as male (Figure 4 below). Indeed, there were some programs offered only to males, such as Boys' Basketball Leagues and Buffalo PAL Youth Recreational Mentoring Program.

Figure 4:

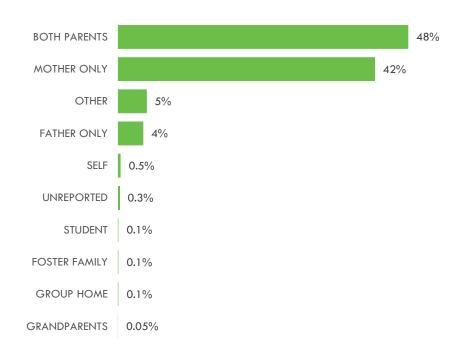






Buffalo PAL also collected household information when families completed registration. One question asked, "Who does this child live with?" to determine the household members associated with the participant. Throughout the year, updates were made to the response options to reflect the commonly listed alternate household members specified with "Other." Those categories include foster family, group home, and grandparents. Almost half of participants lived with both parents (Figure 5). The second highest household group composition (42%) was only the mother-only households.

Figure 5:
Household Members, 2021



Families also noted their household size and then provided the household income. The paper version of the client characteristics form included a table (Table 1 on the next page) that is used to calculate the income level for households between 1 and 8 occupants.

The online registration form on SurveyMonkey was setup with logic where, when a family member stated their household size, they were prompted to select their income bracket based on that household.

This information was then used to calculate and assign an income level category for each family. Income level categories included: extremely low (XL), very low (VL), low to moderate (LI), and moderate (M).



Table 1:

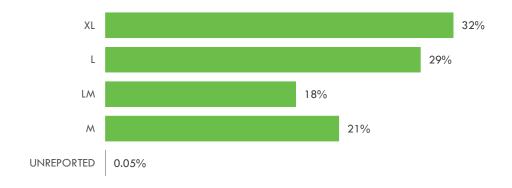
Income Level Breakdowns on Client Characteristic Form, 2021

Income Limits	1 Person Household	2 Person Household	3 Person Household	4 Person Household
30% median (XL)	O\$16,600 or less	O\$18,950 or less	O\$21,300 or less	O\$23,650 or less
50% median (VL)	()\$27,650 or less	\$31,600 or less	\$35,550 or less	O\$39,450 or less
80% median (LI)	()\$44,200 or less	\$50,500 or less	\$56,800 or less	○63,100 or less
81-100% median	O\$44,201 or more	\$50,501 or more	\$56,801 or more	O\$63,101 or more
Income Limits	5 Person Household	6 Person Household	7 Person Household	8 Person Household
30% median (XL)	O \$25,550 or less	0 \$27,450 or less	O\$29,350 or less	O\$31,250 or less
50% median (VL)	O\$42,650 or less	0 \$45,800 or less	O\$48,950 or less	O\$52,100 or less
80% median (LI)	○ \$68,150 or less	O \$73,200 or less	\$78,250 or less	O \$83,300 or less
81-100% median	O\$68,151 or more	O \$73,201 or more	\$78,251 or more	O \$83,301 or more

The client characteristics form income limits are then coded by Buffalo PAL staff for board reporting to extremely low (XL), very low (L), low to moderate (LM), and moderate (M).:

About 32% of participants were in a 4-person household. There were 33 registrants (1%) who reported that their household contained 9 or more people. The largest income bracket for Buffalo PAL participants was the extremely low category, which is 30% below the median income for the area (Figure 6).

Figure 6: Income Levels, 2021



Survey responses indicated that Buffalo PAL felt inclusive to program participants.

"Buffalo PAL is inclusive to all kids."



Program Reach

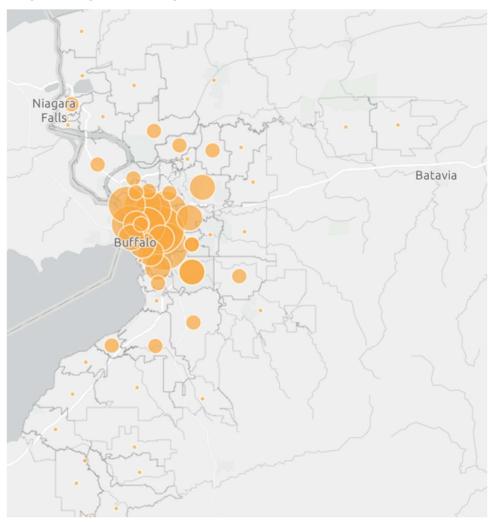
All Buffalo PAL programs and activities are hosted at local Buffalo locations including community centers, parks, and neighborhood streets. Buffalo PAL offer programming in various places around the city to promote accessibility of their activities and expand the program reach.

As part of the client characteristics form, Buffalo PAL administrative staff collect participant addresses. This allows them to see what areas most of the youth are coming from as well as which districts may need additional programming.

A map of participant demographics is included in Figure 7 below to show the range of locations from which youth attend Buffalo PAL programming. The map was created in Power BI, with larger circles representing a higher count of addresses within the zip code. Notably, 83% of participants were Buffalo residents. However, there were also a considerable number of participants that lived well outside of the Buffalo area.

Figure 7:

Map of Program Participant Residences

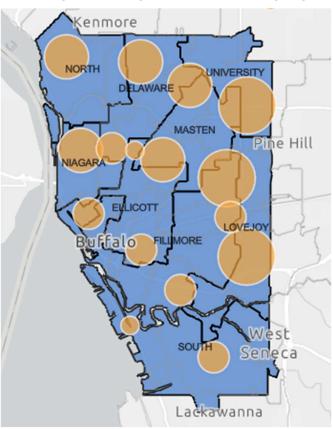




Additionally, Buffalo PAL board members are representatives from several Buffalo council districts. For this reason, at board meetings VIA staff provide heat maps of the residences of Buffalo PAL participants. Figure 8 below represents the count of addresses by zip code, separated by Buffalo council districts. This heat map was also created in Power BI, using an ArcGIS map overlay to display the names of the council districts with their boundaries. Larger circles represent more addresses within the zip code and within the council district.

Figure 8:

Heat Map of Participant Residences, by Zip Code





Program Touchpoints

The Police Athletic League of Buffalo offers several programs throughout the year with different funding sources and reporting requirements. Thus, their definition of youth served by programs differs from the traditional sense. Through partnership with VIA, Buffalo PAL defined participation as "program touchpoints" where session attendance at each activity is counted separately. For example, a youth who attended each of the 3 sessions for a 6-week Golf program would have 18 program touchpoints.

To capture the total program touchpoints for each activity, VIA created an attendance tracking database for Buffalo PAL administrative staff. Staff were able to list all the participants in each activity by location, division, and other differentiating factors. There were some activities where youth could participate with multiple teams, such as in Basketball Leagues. In those instances, the youth's name would be entered in the database for each team. See Table 2 below for reference.

Sample Attendance Database, 2021

Youth Name	Youth DOB	Activity Name	Division	# Days Attended
Youth 1	1/1/2015	Basketball	12 U	18
Youth 1	1/1/2015	Basketball	14U	9
Youth 2	5/7/2008	Basketball	12U	18
		Total Program	45	

To calculate total program touchpoints, the evaluator summed the number of days attended by each youth. Due to the various types of programs offered, all physical activities were grouped by sport when applicable. In the above example, the total program touchpoints for Basketball would be 45.

Attendance was tracked by program site staff at each event. Buffalo PAL administrative staff received attendance from each of their programs and the entered data into the VIA attendance database.

Figure 9:

Table 2:

on the next page provides a breakdown of program touchpoints by activity in 2021. Community Center Clinics had the most program touchpoints, with many of the sites offering weekly programming for 2021. These data were provided to VIA as totals rather than raw data. Other highly attended programs include Basketball and Youth Opportunity Connect. Basketball had several leagues in which youth could participate and were offered in multi-week sessions.

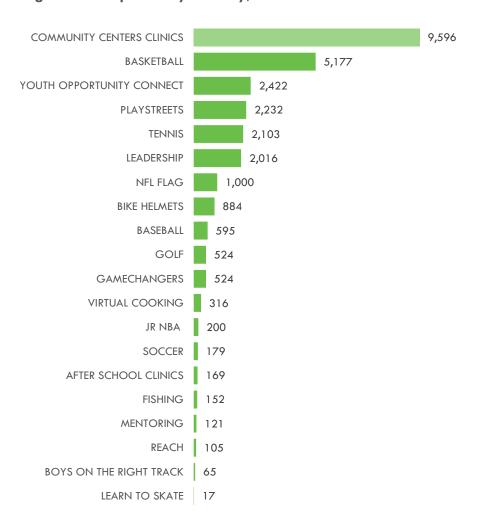


Buffalo PAL administrative staff and VIA met regularly to discuss the intricacies of the data collection process and continue to address challenges in data collection. Namely, there were no Buffalo PAL-wide procedures on how staff should track attendance at their specific sites to then report back to Buffalo PAL administrators. In fact, not all programs tracked attendance by youth name, limiting the ability to match program attendance to registration data. For this reason, the data in Figure 9

Figure 9: only represent preliminary findings.

There were **28,397** tracked program touchpoints in 2021. It is important to note that Buffalo PAL administrative staff informed VIA that Community Center program touchpoints also include spectators and thus do not only represent active participants. That bar is in a slightly lighter green to indicate that it differs from the other activities in the chart.

Figure 9: Program Touchpoints by Activity, 2021





Program Satisfaction and Impact

Buffalo PAL and VIA partnered to develop 2 surveys in 2021: youth and family surveys. These surveys were designed to gauge program satisfaction and perceived program impact. Youth and families were able to take the survey multiple times throughout the year, at the conclusion of each season. Each time, they were given the option to select all the activities that they recently participated in during that season. The evaluator compiled all survey data to measure overall program satisfaction and perceived impact.

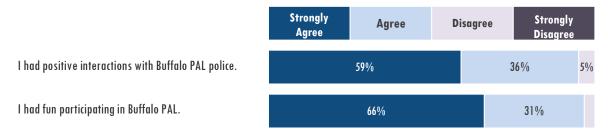
In 2021, 62 youth and 151 family surveys were completed, representing a small number of program participants and their families. Due to low sample size, these results may not represent the true impact of the Buffalo PAL program but can be used to begin to understand patterns related to their goals.

As stated earlier in this report, the goals of the Buffalo PAL program are for youth to: learn life skills; lead active, healthy lifestyles; develop positive relationships with adults (including law enforcement) and their peers; and begin to develop career readiness. Surveys were created in alignment with these program goals.

In general, youth and their families were overall satisfied with the Buffalo PAL programs. Youth reported having fun participating in Buffalo PAL (97%) and **had positive interactions with Buffalo PAL police** (95%; Figure 10 below).

Figure 10:

Youth Satisfaction Results, 2021



Families reported that they were satisfied with Buffalo PAL, and that **staff and their children get along well** (98%; Figure 11 on the next page).



Figure 11:

Family Satisfaction Results, 2021

Buffalo PAL staff and my child(ren) get along well.

Overall, I am satisfied with Buffalo PAL.



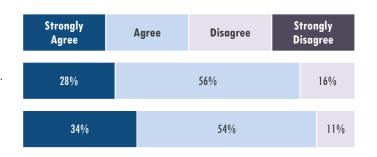
In addition to satisfaction, Buffalo PAL staff were interested in whether youth improved their skills as a result of participation. Most youth (84%) stated **they learned more about physical activity and nutrition from Buffalo PAL staff**. They also reported that **they think that they would be more physically active** (88%; Figure 12 below).

Figure 12:

Youth Skills Development Results

I learned more about physical fitness and nutrition.

After participating in PAL, I think I'll be more physically active.



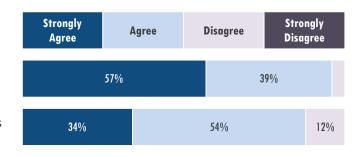
Families shared their observations about their children as well. Most (96%) agreed that their children clearly learned new things from Buffalo PAL. They also noted improvements in social skills (88%; Figure 13 below).

Figure 13:

Family Skills Development Results

It is clear that my child(ren) learned new things from Buffalo PAL.

Since starting Buffalo PAL, my child(ren)'s social skills have improved.



Youth and families were able to provide qualitative feedback about their experiences with Buffalo PAL in 2021. Some comments have been included throughout this report related to



the positive feedback about the program. There were also areas of improvement mentioned. Themes are summarized in Figure 14 below.

Figure 14:

Feedback Summary

What Participants Liked

- Variety of programs offered
- Engaging activities offered
- Affordability of programs
- Positive interactions with staff, peers

What Could Be Improved

- More programs for girls
- Increased length of programs
- Additional outreach to increase participation
- Most respondents provided no negative feedback

Buffalo PAL staff offered two unique programs focused on workforce development: Buffalo Mayor Summer Youth and Buffalo Mayor Winter Youth Programs. These were opportunities for youth to both learn skills related to career readiness as well as provide them with employment. One youth stated in the survey: "I enjoyed having a job that I enjoyed and enjoyed playing golf and tennis."

The complete cumulative youth and family survey reports for 2021 are included in Appendix B: Cumulative Survey Reports.



Highlights & Opportunities

There were many program successes in Buffalo PAL in 2021, which are reflected in the survey responses received from youth and families at various points throughout the year. Although reporting participation data and program touchpoints are an important aspect of the evaluation process, additional evaluation capacity building in this first year of Wilson Foundation funding has helped with further formalizing the data collection processes for Buffalo PAL. Preliminary data in 2021 provided valuable insight in continually streamlining data collection and making progress towards measuring the goals of the program.

Highlights in 2021

Buffalo PAL offered approximately 35 programs in 2021, ranging from sports leagues to cooking classes to giveaway events. Through offering activities geared towards both youth and their families, staff were able to engage with the community in a variety of ways.

There were 2,123 participants who provided demographic data during registration. Across the variety of programs offered, there were 28,397 program touchpoints in 2021. These encompass youth participants at activities and their families who also choose to engage with the program (at Community Center activities). Many of those who attend at least one program were likely to attend multiple activities throughout the year.

Among the 151 family and 62 youth survey respondents, most were satisfied with Buffalo PAL programs. Due to the small sample size, results may not be representative of the true impact of Buffalo PAL. However, the high participation and preliminary survey results appear to show that communities enjoy the program offerings.

Throughout 2021, Buffalo PAL and VIA collaborated to develop the best processes for tracking participant registrations across the various programs offered. In 2021, Buffalo PAL and VIA tested seasonal activity forms where participants list all the activities that their youth are interested in during the quarter. While this method was favorable for families because they only had to complete the form once per youth, it created difficulty for Buffalo PAL staff to create rosters without cumbersome data cleaning processes. Collaborators also tested creating new registrations for each activity during each season that it occurs in. This method made creating attendance rosters more manageable but led to excessive forms to keep track of each quarter when it came time for reporting. Finally, Buffalo PAL registration has settled on creating one registration form in SurveyMonkey for each activity, regardless of the season of registration. A question was added to ensure the ability to track the season for which the registration occurred. This provided Buffalo PAL staff the ability to reduce data cleaning when reporting on only one or two activities as well as the ability to keep all registrations for a single activity in one location.

As described in the Findings section of this report, there were no formal procedures in place for program site staff to track attendance. For some activities, Buffalo PAL administrative staff would create rosters from the registration data in SurveyMonkey and provide a list to site staff to mark attendance. However, for Community Centers, they only used client



characteristic forms once to receive youth full names and then handwrote attendance lists each day. When Buffalo PAL administrative staff received the final attendance, it was difficult to decipher handwriting and at times only nicknames would be written on the attendance sheet. Thus, they were only able to count the total number of names listed instead of using the VIA attendance database. Towards the end of 2021, Buffalo PAL administrative staff decided that, going forward, Community Centers would receive rosters similar to other activities that they can use to check individual-level attendance. This will improve the data collection process moving forward when calculating program touchpoints.

Opportunities for 2022

Incorporate additional data sources that relate to Buffalo PAL goals.

Buffalo PAL staff track other data points that are not currently reported to the board on a regular basis, including family engagement and Buffalo police officer attendance. At most events, PAL staff count the number of families that remain at their youth activities as well as those who drop off their youth. It is important to highlight the aspects of specific programs that have high family engagement such as Basketball games and identify ways to increase this in other sports. Buffalo PAL staff also collect Buffalo police attendance at events to report back to the Sherriff's department. These data could help to identify the programs with the highest police interaction and potential programs that may require additional staffing. Family engagement and police interaction directly relate to goals of Buffalo PAL and thus will be included in future reporting.

Use shared electronic attendance sheets with program site staff.

To further streamline the attendance tracking process, Buffalo PAL administrative staff began developing electronic attendance files similar to their attendance database that has pre-established shared access between site staff and administrators. Due to the establishment of this new system, Buffalo PAL and VIA have plans to refine the program touchpoint calculation using these existing attendance files.

Continue refining online registration forms in SurveyMonkey.

Many strategies were employed to develop the online registration forms. Buffalo PAL and VIA collaborated to ensure that all necessary questions were added to each of the SurveyMonkey registration forms on their account. During the trial period of creating and testing registration processes, many duplicates were created. Currently, there is no automated way in SurveyMonkey to migrate data from multiple surveys into one. Therefore, exporting data from 2021 requires accessing multiples of the same survey and merging before matching to attendance records. Staff should consider dedicating time to consolidating the existing data into only one active program registration "survey" per activity.



Appendices

Appendix A: Client Characteristics Form

	,			RACTERISTIC FORM - CDBG 47 vices - Limited Clientele Activities			Staff Reviewed Initial Issue Date: 10/1/21		
PARTICIPANTS MUS	T FILL AND COMPLETE E	NTIRE FORM FOR EL	IGIBII	LITY. THIS INFORMATION I	IS FOF	R RECORD KEEPING ONLY A	ND WIL	L NOT BE PUBLICLY SHARED.	
Home Address:			City:			Zip:			
1. Individual Age: P	lease check one fro	m the below ba	sed	on your (the particip	ant)	age.		,	
☐ Under 5 years	☐ 10-15 years ☐ 21-			24 years ☐ 45-54 years				☐ 62 years and older	
☐ 5-9 years	☐ 16-20 years] 25-	44 years		☐ 55-61 years			
2. Gender: Please c	heck one from the	below based on	you	r (the participant) ge	ende	r			
☐ Male ☐ Female					☐ Other:				
3. Please check on	e from the helow fo	or your (the part	icina	ant) ethnicity. Ethnici	itv a	nd Race are different,	nlass	se answer #5 as well:	
☐ Hispanic	e from the below it	□ Non-Hispar		int Certificity. Lumie	ity a	The Nace are different,	, picas	se answer #5 as wen.	
<u>.</u>	- f the heless he					!			
4. Please check one ☐ White	e from the below ba	ised on your (the	е ра		or Af	rican American			
				☐ Asian and Black or African American					
☐ Black or African American			☐ American Indian or Alaskan Native and White						
Asian			☐ American Indian or Alaskan Native and Black or African American						
☐ American Indian or Alaskan Native			☐ Native Hawaiian or other Pacific Islander and White						
☐ Native Hawaiian or other Pacific Islander			☐ Native Hawaiian or other Pacific Islander and Black or African American						
☐ Black or African American and White			□ Other Multi Racial						
☐ Asian and White									
5. Who do you (the	narticinant) live wi	ith?							
	☐ Both Parents	☐ Mother On	ıly	☐ Father Only		□ Roommate	Пο	Other:	
L		<u>i</u>			1		<u>i</u>		
6. Are you (the part	ticipant) severely di	T				7			
☐ Yes		□ No							
				-	and	the number of memb	ers liv	ving in your household. You	
Income Limits	tion if you are ove 1 Person Ho			Person Household		3 Person Household		4 Person Household	
30% median (XL)	□ \$16,600 or le	ess 🗆] \$18	3,950 or less	Г] \$21,300 or less		☐ \$23,650 or less	
50% median (VL)	□ \$27,650 or le	ss \Box	☐ \$31,600 or less			☐ \$35,550 or less		☐ \$39,450 or less	
80% median (LI)	☐ \$44,200 or le	ss \Box	☐ \$50,500 or less			☐ \$56,800 or less		☐ 63,100 or less	
81-100% median	□ \$44,201 or m	,		☐ \$50,501 or more		☐ \$56,801 or more		☐ \$63,101 or more	
Income Limits	5 Person Ho			Person Household		7 Person Household		8 Person Household	
30% median (XL)	□ \$25,550 or less □ \$		l \$27,450 or less			☐ \$29,350 or less		☐ \$31,250 or less	
50% median (VL)	□ \$42,650 or le	□ \$42,650 or less [□ \$45,800 or less		□ \$48,950 or less		☐ \$52,100 or less	
80% median (LI)	☐ \$68,150 or less ☐		☐ \$73,200 or less		☐ \$78,250 or less			☐ \$83,300 or less	
81-100% median	□ \$68,151 or more □ \$7] \$73	73,201 or more		☐ \$78,251 or more		☐ \$83,301 or more	
Certification (If partic this information as su Name:					d coi	rrect.	guard	ian): I acknowledge that	
Signature:			•	Date:	-				



Appendix B: Cumulative Survey Reports



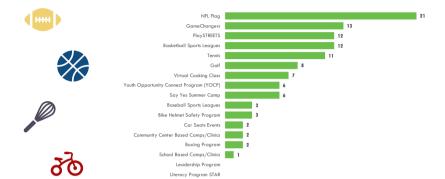
This report covers all of the survey responses received since the start of the year. Respondents are able to select any and all activities that they have participated in recently and are able to take the survey multiple times through the year.

Number of Responses 62



Responses as of: 2/21/2022

In what PAL activities did youth respondents participate?



What impact did PAL programming have on youth respondents?

Positive Experiences with PAL Staff and Other Youth

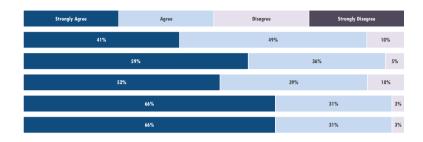
After being in PAL, I feel more confident in being part of a team.

I had positive interactions with Buffalo PAL police.

I have made new friends at Buffalo PAL.

I had fun participating in Buffalo PAL.

I enjoyed spending time with Buffalo PAL staff.



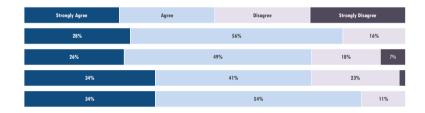
Physical and Academic Skill-Building

I learned more about physical fitness and nutrition.

I learned new academic skills in Buffalo PAL.

I learned about a new sport by participating in PAL.

After participating in PAL, I think I'll be more physically active.



Youth Opportunity Connect & Buffalo Mayor Summer Youth Questions

There were some questions that were only asked of those youth who reported having participated in either Youth Opportunity Connect or Buffalo Mayor Summer Youth. The questions were added later in the survey administration and so those who responded prior to the updated survey did not receive these questions.

Number of Responses 62

Strongly Agree Agree Disagree Strongly Disagree 100%

I have an increased interest in reading and writing after participating in



100%

would attend this program again



80%



100% plan on applying for a summer internship

Qualitative Questions

Youth had the opportunity to provide additional feedback about their experience with 8uffalo PAL. Based on some responses, it appeared that adult family members may have completed the youth survey. Comments are included below in their entirety, sorted alphabetically.

What did you like about Buffalo PAL?

All the activities offered through out the year

Being with new friend Ruffalo PAI is inclusive to all kids

Diverse Programs

Friendly environmen

me active

Great mix of cultures

How the coaches and staff treated the kids with kindness patience and encouraging them to have fun. 🕏 🧱

How the police officers came and talked with us and worked with us.

I enjoyed having a job that I enjoyed and enjoyed playing golf and tennis.
I got to cook with my family

I learned how to read recines

I like work with the all my com

I liked most of the staff and playing with friends. I also liked the giveaways.

Intent more run as start and purpy with retrieves, a close use a may greenways.

It liked that it was more than an hour for most activities this summer. It was good for parents and youth to have time apart with other people various ages. Then get backs together and talk all about what they did that day. I liked that some coaches continued from one sports to the next throughout the summer. The children reall commentary about how they were going to run programs. We chose being outdoors as the best route for us. It paid off! We had a great furth-filled summer in part because of PAL. Otherwise we would probably have slept in most of the days and let time just pass like we did lest year 2020 whenever we were not traveling out of te

I liked the different foods in the virtual cooking class

There has people that are there and we feel like a family, can always have a good time.

I really liked some of the field trips. I'm joining my schools rowing feam this winter due to anel Interacting with other staff and campers.

Interacting with other staff and campers.

It was fun, I just did not like getting up early on Saturdays

It was fun, I just did not like getting up early on Saturdays

It was really fun

its free Learning about fitness

Learning to cook different dishes, and doing basketball drills

Meeting new people and having fun New sports

Opportunity to meet new people and try new skills

Playing basketball

playing football
Staff and classes and field trips they were super fun

That I not to exercize

The community.

The field trips and the interaction with everyone

The organization The outside activities

The staff
The teamworking skills and family atmosphere

The trips and the classes

interings uniter usessor.

He in assistance when needed

Very team oriented. I appreciated my son's leadership skills being challenged and the craches and Police being as involved and one on one as they were with the kids.

We get to participate in multiple sports and were able to teach kids while we were learning.

What could make Buffalo PAL better? 5 days in person instead of 3 days in-person,2 days virtual

Be more often

Classes
Completely cutting out the virtual aspect

Get more kids involved
I didn't feel very good about myself when I was around one of the coaches his name is Coach Das he didn't speak to me very positively.

have no suggestations I look forward to heavingh him participate in many other PAI programs.

I think that having far easy recipes would be great.

I think that having far easy recipes would be great.

I would make the program longer so I can get it were with the police officers and be around the kids playing football.

If the mentorship was better when the mentors come to visit.

If it could have bigger events.

If we didn't have to come at different time on different days in the morning.

If we didn't have to do virtual every other day I rather be in person every day Information given out more emails and phone calls

Longer program

More advanced skills

more accurace sains
More cooking dissess.
more football
More involvement with community centers to bring these programs to more people and more advertisement of the programs. Radio interview was a great way to announce programs.

More participants

more people know about this program.

more programs more programs

More Variety, Tennis and golf seem to get very repetitive after a couple weeks

more weeks My 2 sons participated in the program with 3 friends each. In each case, the boys were separated 3 and 1. Not fun for the one on his own. Why not divide 2 and 2?

No virtual, everyday in person

Not sure, maybe have more activities available not working outside in hot ass weather

Nothing

Nothing I can think of.

Offer more activities in the South towns.

Offer this in multiple parks

Offered during school year too, more stuff for girls

One thing that would the camp better is if the camp was in person 5 days a week and no. More virtual days

PAL I believe is in a state where most things are already improved and great.

To not be mad when u lose its just a game... and when they talk trash don't say nothing back...

Water could be provided at all outdoor events because semetimes we would forget. We were never sure at tennis if the water was for us because they also had Gatorade in the cooler and one time someone said that was for the coolers. We didn't know if they meant the Gatorade or the Water



This report covers all of the survey responses received since the start of the year. Respondents are able to select any and all activities that their youth have participated in recently and are able to take the survey multiple times through the year.

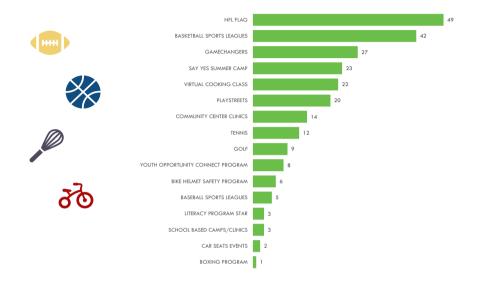


Number of Responses 151

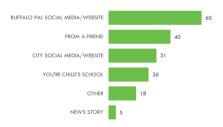


12/30/2021

In what PAL activities did respondents' youth participate?



How did families hear about PAL?



Other sources:

At the park my son plays football at Hillery park Breaking Barriers Breaking Barriers program Email Family
Girls sports foundation
Google search Outside event PAL staff radio interview Prark
Previously participation @DelawarePark 2019
Radio - WBLK Research Saturday Academy Say yes navigator Say yes program

Socially YOCP Program Coordinator

What impact did PAL programming have on family respondents?

Overall Satisfaction with PAL

Buffalo PAL staff and my child(ren) get along well.

I was able to register my child(ren) in Buffalo PAL easily.

Buffalo PAL is well-organized.

Overall, I am satisfied with Buffalo PAL.

39% 58% 37% 34%

Disagree

Youth Physical and Academic Skill-Building

It is clear that my child(ren) learned new things from Buffalo PAL.

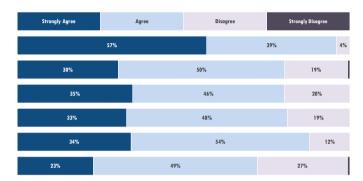
Since starting Buffalo PAL, my child(ren) is/are more active at home.

Since starting Buffalo PAL, my child(ren) has/have shown increased confidence in their ability to be a student.

Since starting Buffalo PAL, my child(ren)'s leadership skills have improved.

Since starting Buffalo PAL, my child(ren)'s social skills have improved.

Since starting Buffalo PAL, my child(ren)'s academic skills have improved.



Youth Opportunity Connect & Buffalo Mayor Summer Youth Questions

There were some questions that were only asked of those families who reported youth participating in either Youth Opportunity Connect or Buffalo Mayor Summer Youth. The questions were added later in the survey administration and so those who responded prior to the updated survey did not receive these questions.

Number of Responses 5

Since participating in this program, my child(ren)'s interest in reading and writing has increased.

Strongly Agree	Agree	Disagree	Strongly Disagree
20%		80%	





100% of their children will apply for a summer internship



100% of their children would apply for a job in high school



of their children

Qualitative Questions

The staff and the programming

The staff and the way they interacted with the children.

What did you like about Buffalo PAL?

Families had the opportunity to provide additional feedback about their experience with Buffalo PAL. Comments are included below in their entirety, sorted alphabetically.

All the programs

Alot of different children from different great An additional organized youth sports league Avery thing Chance to learn a sport without overbearing expectations of a child Children from all cultures come together to play and meet new people Children got a chance to socialize with others. Coach Norv Coaches were really good Consistencia & caring Cooking classes were done well. My granddaughter looked forward to each Friday cooking sessions Everything everything (4) Excellent coaching and encouraging teamwork/sportsmanship Excellent kids programming Free programs, mentoring, physical fitness Friendly, easy to communicate with Good resource for the kids Great coaching for kids Had adequate staff both male and female. It was appreciated that the male staff was engaging and mentored positive behavior. How involved they were with my child even after work hours How involved they were with the children How they really focus on the kids and there ability to strive to gain confidence and social skills I loved the many opportunities offered lenjoyed the foot that my child could participate in a sport, the coaches worked with him and he learned something new.

Like how the coaches have been consistent with showing up to track and teaching my child team work, building confidence and leader ship. He's been a whole new child since starting this program I like that I am notified of uncoming legaues or sessions that my child is eligible to register for. I like that they are giving the kids something to do
I like the diversity and how encouraging the staff is. that my child I liked that Buffalo Pal was well organized and related to the kids in a friendly manner I liked their flag football program they had the kids. I love how the kids have fun but also are still learning academics. loved that the cooking classes included the ingredients! It makes it much easier and more efficient to have everything right there for you to begin class instead of finding time to shop for the ingredients. I also loved how friendly everyone was! I loved the program. I disagreed only because my boys are already very social, act good grades, and is very active at home already. I make them go outside and play all the time. Lonly disagreed with some of the answers because my boys are very active and social already. I loved the program. It gave my son something to look forward to on weekends. It also allowed him to be in an atmosphere with positive male role models!! It was a lot of fun and my boys enjoyed it. it was in walking distance to my house
It was low cost and some ate free program It's free and pulled my son away from video games! It's located in my community keeps you physically active Leadership and free
Liked the time and day scheduled. Loved it being free. Great communication too Most of staff were very professional when a problem occurred they took care of the situation abruntly and accordingly My child really enjoyed it and looked forward to practice, he learned a new school My child's increased confidence, social skills and coaches / staff very friendly My daughter had fun and made friends while getting some physical activity in My daughter met a few friends My kids were engaged and enjoyed their time in the program one of my child's friends organization was well run. No fights great sportsmanship. Organized and enriching schedule Organized. Mixed racial crowd. Overall Teachy like and appreciate the programs. Always free or low cost, convenient locations, focused on learning, self improvement and being active. Almost all the staff we ve come on contact with has been friendly, welcoming, encouraging, and supportive. I wish I could remember the young man's name that was responsible for check in at this post session. He remembered my family from other programs like tennis at deloware park lost summer and that helped my son feel at ease. He's always so positive and great to us.

Pal offers affordable program for inner city children they even make financial aid available to help families like us who would not be able to otherwise afford it. Played when I was young and was happy to sponsor my son and nephews league this year Presence of positive male influence in the programs for boys/young men of single parent households Programming overall. Wonderful that they something positive for the youth to do Programs are very affordable, interesting for my kids, and easy to sign up. Quick and easy sign up and the rules are pretty clear Saturday bball game schedule worked well with our schedule Skill building, award ceremony at end Skills Sports (2) Sports programs That my child enjoyed it enjoy the staff That some are free or low \$ The acceptance of multiple age groups The caring staff. Some programs take the liberty of yelling/cursing at the children thinking this will motivate. PAL treats the children like their own as higher enough youth staff so that the younger ones can relate better to them. The classes were well organized and my children learned a great deal The coaches were great & it was something positive for the kids to do while having fun and staying active The cooking class was fun. The ease of applying

The experience was amazing per my kid. He enjoyed the classes and the field trips. He also enjoyed the staff said everyone nice especially Ms. Chardonney The genuine way the staff and coaches worked and helped the kids. 🛵 🕮 The hours and location of program The organization, fitness and representation The organizers and staff work with everyone. Especially with the kids. Communication and respect is strong with Buffolo PAL \delta 📰 The regular program going on all through the year The running group
The sports available and staff

The variety of activities they had to offer and they were free or affordable

The variety of programs

The welcomed environment positive energy

the willingness and care

There are a variety of programs

They connect with the kids

They provided WATER (and snacks)! My child is good about forgetting water at home when he goes to practice! I usually have to buy water if there's a store nearby or he just doesn't drink

Ilnity

Very kid friendly

Very nice staff & great com

Very well run organization

We did the cooking class and it was such a wonderful experience for the family. We tried lots of new and delicious items and learned a ton! My daughter has been excited to cook more and try new foods. We highly recomm

Well organized, and well ran.

What I like about Buffalo PAL is the excellent attitude of the coaches. They are genuinely focused on the kids and the activities very well organized.

Wverything waa well run and well organized

A longer flag football program for you he children would be nice.

A solid time frame for practice. I think it changed a couple of times. I dropped him off too early one time and late another time. Two times I was picking him up too early but my child begged to stay. Making me late to another engagement. Other than a delay for weather - which I am okay with times should remain the same. I know packaged food snacks have a shell file and better for storing but I would like to see a healthy option of real fruit being affered sometimes. Purches Mini water bottles. I saw so much waste. Or use large Coalers for filling water bottles. Water bottles should be collected and recycled in a separate receptacle. Maybe even offered to youth, families for the 5 (deposit. I know I would have made at least \$50 collecting deposit over the 4 weeks! It would be an added feature to the PAL program that we also care about our environment! This idea could be introduced the very first day of session and youth would be reminded at check-in where the water bottles go when they are finished with them.

access to funding.

Add more program for Lil girls

Being able to compete with other sports teams! Creating Travel teams...

better communication

Better communication with parents

Better volunteers paid and unpaid that pour into the kids. Good overall.

coaches need to be trained. (people skills) Organizational skills were an issue as well.

Communication
Continue to increase activities for the children

Daily activity list or schedule of what takes place at camp

different registration forms

Don't know. Love the program

Everything so far is very satisfactory. No further comm

Excellent program as it exists

Going to BPS schools for an introduction to their programs. Schools such as 80, 81, Lovejoy etc.

I have no concerns in regards to making PAL Bbetter

I really don't have anything specific. I liked the program

I think maybe they could take a little more time with the players who are not that good and help them become bette

I would like to see more apportunities for students who are not enrolled in a community center program

If another cooking class is done, we would love to do it at an earlier time slot, 6 was just to late

Incorporate more learning/fundamentals/drills before actual games.
Inside events as alternatives when weather conditions present issues.

Just continue to do what you do Just continue to keep doing what they do for the childre

Just continue to keep doing what you doing. 🛝 🕮

Longer programs

Longer programs and sessions will more skill building

Langer sessions and separate children by age, but more so by skills. My son would have gotten a lot more out is the program if they would have let him play up with children with higher level skills.

Making sure the basketball league has teams that are of like age and ability.

Maybe a special visit from a couple of Bills players one of the days. I think some of those guys might be happy to show up for a bit maybe. The program was great though

Maybe they could go on more features M-F in person days for YOCP

More active programs

More activities during winter months, more advertisement for the to

More Advertising/Outreach

More children being aware of the program some more children can do it More evernta

More focus on skill development and technique in clinics more football...maybe indoor.

More full day programs

More ORV

more programs

More programs available more often.
More uniform Officer involvement

More weeks added

My son had one coach who had an approach which he didn't care for. Coach Daz is young and still learning. His passion and discipline for the sport are clear and I appreciate that. Maybe his way helps to motivate some but 1 think overall kids to better with encouragement and teaching. Criticism especially on the last day isn't going to leave them feeling positive.

My son was originally assigned to play with 3 friends. The coaches realized they were friends and separated my son. Why not do 2 and 2 rather than make one odd man out? Same thing happened with a group on my other son's team

Not shore Not sure

Nothing (7)

Nothing at this time Nothing I can think of

Nothing in particular vet improvement is always 😣

Nothing it's a good program

Nothing specific overall satisfied yet improvement is always good. Nothing that I've seen needs to be changed. The system works

Nothing. It's great!

Nothing...very happy with them already

Possible transportation for those in need

Send more emails to all children about the program

Serious academic and social enhancement Some kids did not have good sportsmanship/ trash talked, seemed that practice and games ran over time yet kids seemed to take lots if breaks that could have shortened the sessions

Staff that are taking score should be more attentive
Start& end on time, more sports programs like volleyball, kickball, track

Summer camp needs adults monitoring children at all times not just letting youth workers watch them even periodically

Teaching the participants to be respectful

Tennis in spring summer and fall Text/email fall flan football schedulel He can't wait

The chef goes a bit fast during the class, and she tends to be hard to follow if you don't already prep most of the ingredients ahead of time (ie dicing peppers, washing the chicken, etc.

The Play Streets events are not welcoming and are disorganized. They are also geared towards older kids (mine are 7 and 9)—which is fine but then don't suggest it's open to younger kids! Make the events more welcoming and have clearer set up so families and kids can navigate. We awkwardly stayed for 10 minutes then left. The police officer was playing an intense game of kickball that wasn't accessible to younger kids. And make sure events are accessible to kids with disabilities!

The program is great as organized.

The sports clinics are too long, 2 hours is fine, 3 is also

Buffalo PAL Cumulative Family Survey Report

They do an amazing jab
Timeliness and better organization
Track avail for 7 and up
Try to get more coaches involved
way for people to find out about this program
You're doing an excellent jab keep up the good work