



City of Buffalo
Division of Parks and Recreation
Youth and Recreational Services



City of Buffalo Learn to Swim Programs for Youth

Byron W. Brown
Mayor

Learning to swim is a vital skill and the City of Buffalo, under the leadership of Mayor Byron W. Brown, continues to make every effort to ensure that every child is safe in the water. Below is a list of learn-to-swim programs and swim strengthening programs offered in the City of Buffalo.



- **Formal "Learn to Swim" Course** is offered at Lovejoy and Cazenovia Pools; the 8-week course is held on Saturdays from 9:30 - 11am, beginning November 4th 2018 with a Fee of \$15 for residents and \$30 for non-residents, ages 5 years and up.

- **Free Summer Swim Lessons** are offered at each of the City of Buffalo outdoor pool locations between 11am & 12pm through the summer season, July 1st through Labor Day, ages 5 and up.

- **Minority Lifeguard Recruitment Program:** Direct outreach this winter by current City of Buffalo Lifeguards to recruit local minority High School students to participate in Lifeguard training programs. Current staff will visit every city public high school in an effort to inform and recruit minority youth to enroll in the Swim Stroke Strengthening Course and Lifeguard Certification Course. Information will also be provided to local centers and other community organizations throughout the year. These actions ensure a diverse and local workforce to staff Buffalo pools.

- **Swim Stroke Strengthening Course** is offered at Cazenovia Pool for ages 15 to 18 years old. This course is designed for youth that already know how to swim but need to develop stronger swimming skills in order to complete the Lifeguard training. Fee is the same as swim lessons, please call the Pools & Rinks Office for dates and times.



- **Lifeguard Training and Certification** is also something the city takes seriously. If you are a city youth: Get trained and become a Lifeguard by taking part in the upcoming certification courses beginning January 13 2018. See **back of this flyer** for the application.

Please call the **Pools & Rinks Office** at **(716) 851 - 5998** for more information

or visit us at: www.city-buffalo.com



LIFEGUARD TRAINING APPLICATION

Lifeguard Certification Course is offered through a partnership with the Police Athletic League of Buffalo at Cazenovia Pool on **Saturdays from 5-8pm**, courses begin **starting January 13 2018**. Successful completion of this **eight-week course** results in certification from the American Red Cross

REGISTRATION FEE: **\$100**

Please complete all information and submit with registration fee to:



PAL OFFICE
65 Niagara Square
21st Floor
Buffalo, NY 14202

Please contact us at: (716) 851 - 4615 or www.buffalopal.com

CHECK, MONEY ORDER OR CREDIT CARD ONLY, DO NOT MAIL CASH

Please Print

NAME _____
LAST FIRST MI

ADDRESS _____

CITY _____ STATE _____ ZIP _____

DATE OF BIRTH _____ AGE _____ GENDER _____

PHONE _____ EMAIL _____

EMERGENCY CONTACT NAME _____

RELATIONSHIP _____ PHONE _____

SIGNATURE _____ DATE _____

___ CHECK OR MONEY ORDER
MADE OUT TO PAL OF BUFFALO

___ CREDIT CARD TYPE _____

CREDIT CARD # _____

**NO REFUNDS, UNLESS YOU DO NOT
COMPLETE THE FIRST DAY OF COURSE**

EXPIRATION DATE _____